



Dr. Douglas Portmann

giving

back to the community

Youth Football Coach 1996-2001, 2003 & 2004

Youth Softball Coach 2004-2008

Triathlon Competitor 2003, 2004

Marathon Participant:

Flying Pig Marathon 2001 & 2004

New York City Marathon 2005

Marine Corps 2009

Pump & Run Participant:

Arnold Schwarzenegger 2002-present

Flying Pig 2006- present

Defensive Coordinator, Loveland Youth Football 2004

Urban Eco-Challenge 2003-2005

Race Director, St. Bernard DARE 5K Run 2000-2002

Race Director, Loveland's Amazing Race 2006-present

for more information please call

513.677.6787 OFFICE

513.677.2260 FAX

or visit our website

www.wardscornerchiro.com



550 Wards Corner Road- Suite 101
Loveland, OH 45140

laying the groundwork



for tomorrow's health



Dr. Douglas Portmann, DC, CCSP, CSCS

513-677-6787 OFFICE

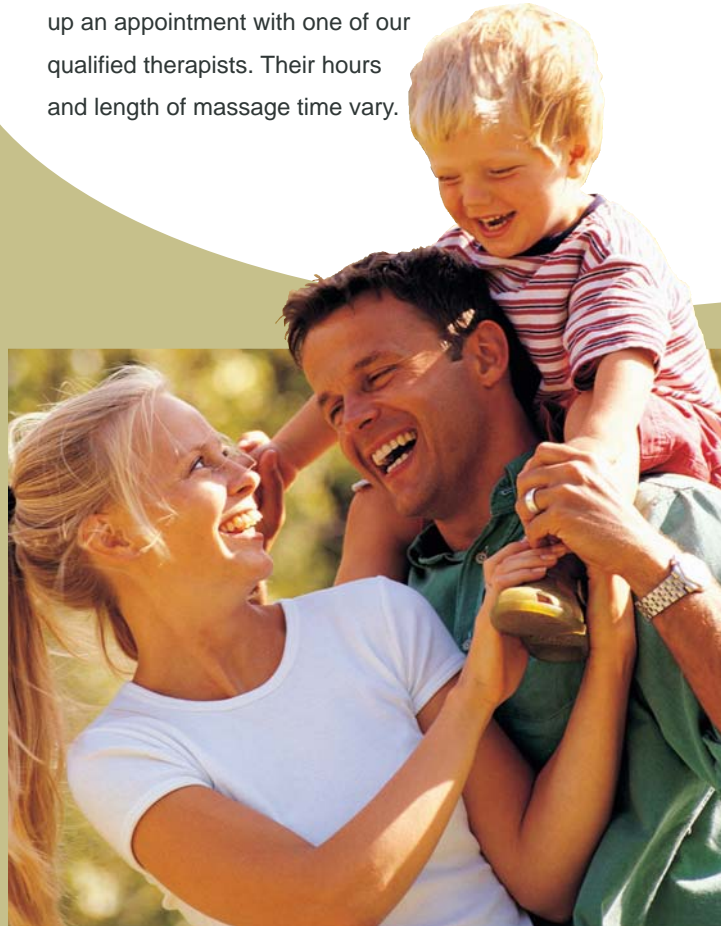
513.677.2260 FAX

Office Hours

Day	Morning	Afternoon
Monday	8:30-12:00 pm	2:00-6:30 pm
Tuesday	9:00-12:00 pm	2:00-6:00 pm
Wednesday	9:00-12:00 pm	2:00-6:30 pm
Thursday	Closed	
Friday	9:00-12:00 pm	2:00-5:30 pm
Saturday	By appointment	

Massage Therapists

Wards Corner Chiropractic takes the whole healing approach by having massage therapists on staff to assist with relaxation techniques. Please contact the staff to set up an appointment with one of our qualified therapists. Their hours and length of massage time vary.



Relieving stress can produce a healthy outlook



Welcome to Our family!

At Wards Corner Chiropractic & Sports Rehab you will find a caring team of healthcare professionals who have your optimum health in mind. We will provide you with a synergy of healthy ways for you to feel your very best!



Dr. Douglas Portmann, DC, CCSP, CSCS

Dr. Doug received a Bachelor of Arts in Communications from Bowling Green State University in 1989. He received his doctorate of Chiropractic in 1994. Some of the many techniques he has mastered and uses in his practice include: Activator, Thompson, Diversified and Cox.

As a certified Chiropractic Sports Physician (one of the few in the Cincinnati area) and a certified Strength and Conditioning Specialist, Dr. Portmann can treat many areas such as knees, elbows, shoulders, ankles and feet to avoid unnecessary surgery.

Dr. Doug's specialties include pediatrics, geriatrics and sports injuries. He also provides rehabilitation for injuries especially work related injury and auto accidents.

He has been serving the health care needs of the Cincinnati community for over sixteen years beginning with a Chiropractic Clinic in St. Bernard that he founded.

In May of 2002 Dr. Portmann moved to the Loveland area with his wife, Sandie, and their two daughters. The Portmanns decided Loveland would not only be a great place to call home, but also a wonderful area to share the benefits of chiropractic care.

Dr. Portmann is a Professional Member

American Chiropractic Association
Ohio State Chiropractic Association
American Chiropractic Council on Sports & Physical Fitness
National Strength & Conditioning Association
Loveland Chamber of Commerce
Loveland Chamber of Commerce Board Member 2008-2009

Benefits

Tailored Chiropractic Care,
Personalized Massage Therapy,
Nutritional Counseling, including
Natural Hormone balancing &
Weight control, Specialized Foot
Care (Orthotics), and Low-Level
Laser Therapy.

Low Level Laser Therapy

Many acute & chronic conditions can be improved or eliminated with laser use.

Pain Relief	Knee Pain
Nerve Pain	Ankle Pain
Arthritis	Neck Pain
Tendonitis	Shoulder Pain
Lower Back Pain	Tennis Elbow
Fibromyalgia	Golf Elbow
Sprains & Strains	TMJ
Migraine Headaches	Swelling
Soft Tissue Injuries	
Carpal Tunnel Syndrome	
Repetitive Stress Injuries	
Post-Operative Pain	

Payment options

Ohio Worker's Compensation
Personal Injury/Car Accident
Cash/Credit/Credit Cards
Payment Packages
Insurance
Medicare